Health Club Reimbursement

240 more reasons to get fit.

Fit Choices℠ by Medica motivates you to move. Hit the gym 8 times or more each month, get a $20 monthly credit* to help pay the bill. That’s up to $240 a year.

It’s easy to get started

- Find a list of participating health clubs at Medica.com/FitChoices. Then show your Medica ID card at that health club.
- Don’t sweat the recordkeeping. Your health club will track your visits and let Medica know.
- Work out at your gym. Then get a $20 credit toward your monthly health club bill.

Have questions? We’re here.

Go to Medica.com/FitChoices to learn more. To make sure you’re eligible or to learn about your monthly visit requirement and credit, call Customer Service at the number on the back of your ID card.

*Monthly health club bills less than $20? You’ll get a credit for the amount of your bill. Up to two members per Medica policy can earn the $20 credit per month. (With a family health club membership, there is a maximum of two monthly $20 credits. A member with a single health club membership can earn one $20 monthly credit.) Members must be at least 18 years old to get the credit.