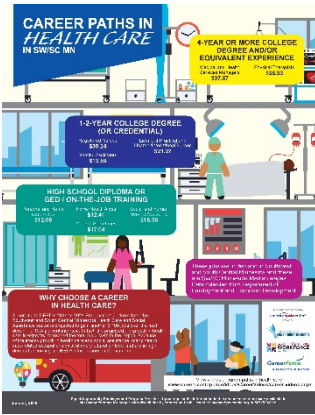


Know Before You Go Infographics



Know Before You Go Infographics provides career information for high-growth and in-demand occupations in a variety of industries. Students, parents, school staff and job seekers can learn about occupations in each industry and compare education, important qualities, job description, employment opportunities and work environment.

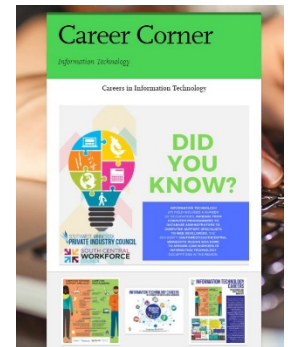
<http://www.workforcecouncil.org/labor-market-information/>

The [Southwest Region to Path to Career Success](#) handout provides regional data to help guide students through the career exploration process.

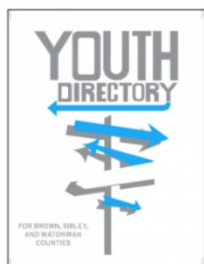
Career Corner Newsletters

Career Corner Newsletters presents information and resources in manufacturing, healthcare, construction, information technology, transportation, agriculture, education and business careers. The newsletter also features job search tips and hints.

<http://www.workforcecouncil.org/career-corner-newsletters/>



Youth Directories



Youth Directories lists a variety of resources and contacts for youth. Directories are available for all nine counties of South Central Minnesota. <http://www.workforcecouncil.org/youth-council/projects/youth-directories/>

Partners in Career Exploration

Interns from the student counseling program at Minnesota State University, Mankato provide career exploration and career counseling assistance to students through one-on-one advising and classroom presentations one day per week throughout the school year.

For more information, contact Sara Carrigan, South Central WorkForce Council, sara@workforcecouncil.org, 507-345-2402

Young Adult Career Development Programs

Minnesota Valley Action Council's **Young Adult Career Development Programs** provide services to young adults that need assistance to complete an educational program or to secure or hold employment.


What can they help you with?

- Paid work experience/internship to learn skills needed to succeed in the current job market
- Career path planning and exploration
- Assistance getting enrolled in/completing an educational goal
- Possible tuition assistance for in demand careers
- Connections to apprenticeships
- Possible funding for transportation, educational, or employment needs
- A virtual work/life readiness program called **Get Started. Earn \$200** over the course of the one-month long program

Who may be eligible for MVAC's Youth Program?

Youth ages of 16-24 with any one of these life situations

- Struggle with math or reading
- Meets income guidelines
- Receives public assistance
- Diagnosed & documented disability (or has an IEP/504 Plan)
- Someone who has been, or are in an out-of-home placement
- People of color
- Pregnant or Parenting
- At risk of dropping out and/or wants to work towards GED
- Interested in getting a certification (such as CNA) or 2-year degree




MINNESOTA VALLEY ACTION COUNCIL

COMPLETE A PAID WORK EXPERIENCE



GAIN MEANINGFUL SKILLS | EARN A PAYCHECK | BECOME WORK READY

Participants must be between ages 16-24 and meet eligibility requirements. Visit www.MNVAC.org or scan the QR Code or call 507-345-2428.



To learn more and review eligibility criteria or connect with us today, please visit: www.mnvac.org/programs/employment-training/young-adult-services/

Counties served: Blue Earth, Brown, Faribault, Le Sueur, Martin, Nicollet, Sibley, Waseca and Watonwan

For more questions on individual service or eligibility, contact Alex Langsjoen, Minnesota Valley Action Council, alex@mnvac.org, 507-345-2428.

Skills for Success in Employment, Education & Life

Skills for Success in Employment, Education & Life offers free career exploration and work readiness presentations and activities to secondary schools. Typical topics include:

Career Planning & Exploration
Career Assessments
Workplace Readiness Skills
Financial Literacy

Job Searching Techniques
Applications & Resumes
Interviewing
Labor Market Information

Presentations and topics can be customized to the needs of the classroom. A [video series](#) focusing on job skills, interviewing and maintaining employment is also available.

For more information, contact Abby Flantz, South Central WorkForce Council, abby@workforcecouncil.org, 507-345-2408