

# YOUTH DIRECTORY

FARIBAULT AND MARTIN COUNTIES



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## INTRODUCTION

This directory is a listing of resources for youth in Faribault and Martin counties. Due to limited space, not all agencies in these counties are listed. A listing is not intended as an endorsement, nor is not being listed intended as disapproval.

This directory was developed by a subcommittee of the South Central Youth Council. Members of the subcommittee include:

Heather Gleason, South Central WorkForce Council  
Glenn Morris, South Central Service Cooperative  
Kathi Rusch, South Central Service, Work and Learning Center, SCC  
Bonnie Stanton, Minnesota Valley Action Council  
Karen Wagner, Mankato WorkForce Center

**For more information on area resources, contact United Way 2-1-1 at 211 or 1 (800) 543-7709, or on-line at [www.211unitedway.org](http://www.211unitedway.org).**

**If you have any suggestions, comments, changes, or need additional copies contact the South Central WorkForce Council at (507) 345-2418.**

## CHILD CARE

Selecting a child care provider is a very important decision. As a parent, it is important to you that your child is in a safe, nurturing environment when you are away. Visit and interview your potential provider and don't be afraid to ask questions. During your interview discuss issues such as discipline, daily schedules, pickup time flexibility, payment arrangements, etc. It is also suggested that you get the names and phone numbers of at least two parents currently using the provider. Call them and ask about their experiences with the provider. Also, your county human service office is a resource in checking out potential child care providers.

**For more information on Child Care contact:**

<b>Child Care Resource and Referral .....</b>	<b>(507) 389-1716</b>
	<b>1 (800) 373-2782</b>
<b>Human Services of Faribault &amp; Martin</b>	
<b>Blue Earth.....</b>	<b>(507) 526-3265</b>
<b>Fairmont .....</b>	<b>(507) 238-4757</b>

## COUNSELING

If you feel good about yourself and others, your mental health is pretty good. Remember, though, that you may not feel good all of the time. No one does. Everyone has uncomfortable or angry feelings about things going on in their lives. If you experience these kinds of feelings much or most of the time, you may want to contact a counselor.

## **Counseling (continued)**

### **When do I need counseling?**

If things you are feeling or doing begin to interfere with your normal everyday activities, you may need counseling. The following can be warning signs that someone may need counseling:

- Sudden changes in mood or behavior
- Depression-feeling unhappy for a long time
- Anxiety-strong feelings of fear or nervousness, unexplained rapid breathing or heartbeat, knotted stomach
- Losing temper over small things
- Physical aches and pains that have no real physical cause
- Dropping grades
- Difficulty sleeping for many nights
- Excessive use of drugs, alcohol, cigarettes
- Can only think of the problem and nothing else
- Can't eat or feel sick when you do eat

Many counselors charge fees, but some will adjust their fees to what you and your family can afford to pay. With so many options, finding the right counselor can be difficult, but there are knowledgeable people to guide you. Talk to your school nurse, guidance counselor or social worker.

**For more information on Counseling contact:**

### **Counseling - Chemical Dependency**

**Adolescent Treatment Center of Winnebago..... 1 (800) 637-2460**

**550 Cleveland Avenue W.**

**Winnebago, MN 56098**

**Counseling - Chemical Dependency (continued)**

Elmore Academy ..... (507) 943-3440  
202 E. North Street  
Elmore, MN 56027

Fountain Center.....(507) 238-4382  
828 N. North Avenue  
Fairmont, MN 56031

Fountain Lake Treatment Center.....(507) 377-6411  
408 W. Fountain Street  
Albert Lea, MN 56007

Hazelden Center City..... (651) 213-4000  
15245 Pleasant Valley Road 1 (800) 257-7810  
Center City, MN 55012

Human Services of Faribault & Martin Counties ... (507) 526-3265  
412 N. Nicollet  
Blue Earth, MN 56013

Human Services of Faribault & Martin Counties ... (507) 238-4757  
115 W. 1<sup>st</sup> Street  
Fairmont, MN 56031

**Counseling and Mental Health**

Bonnie-Lyn II Mental Health Clinic..... (507) 235-8807  
112 W. 1<sup>st</sup> Street, Suite 103  
Fairmont, MN 56031

**Counseling and Mental Health (continued)**

Human Services of Faribault & Martin Counties.....(507) 526-3265  
412 N. Nicollet  
Blue Earth, MN 56013

Human Services of Faribault & Martin Counties .... (507) 238-4757  
115 W. 1<sup>st</sup> Street  
Fairmont, MN 56031

Naeve Behavioral Health-Mayo Health System ..... (507) 377-6406  
414 Park Avenue  
Albert Lea, MN 56007

**Counseling - Domestic Abuse/Sexual Assault**

Committee Against Domestic Abuse –CADA..... 1 (800) 477-0466  
100 Stadium Court Crisis.....(507) 625-7233  
Mankato, MN 56001

**Counseling - Financial**

Catholic Charities ..... (507) 387-5586  
816 Hubbell Avenue  
Mankato, MN 56001

Episcopal Community Services ..... (507) 235-9320  
102 N. Park Street  
Fairmont, MN 56031

Lutheran Social Service..... (507) 625-8021  
710 S. 2<sup>nd</sup> Street  
Mankato, MN 56001

**Counseling – Financial (continued)**

University of MN Extension Services

Faribault County ..... 1 (800) 526-7428

412 N. Nicollet P.O. Box 130

Blue Earth, MN 56013

University of MN Extension Services

Martin County ..... (507) 235-3341

201 Lake Avenue –Room 104

Fairmont, MN 56031

**Counseling - Gambling**

Lutheran Social Service ..... (507) 625-7660

710 S. 2<sup>nd</sup> Street

Mankato, MN 56001

Minnesota Problem Gambling Helpline ..... 1 (800) 437-3641

**Counseling - Legal**

Southern MN Regional Legal Services ..... 1 (800) 247-2299

12 Civic Center Plaza, Suite 3000

Mankato, MN 56001

**Counseling - Pregnancy/Parenting**

Caring Pregnancy Center ..... (507) 238-2330

121 N. Main

Fairmont, MN 56031

**Counseling – Pregnancy/Parenting (continued)**

**Catholic Charities ..... (507) 387-5586**  
816 Hubbell Avenue  
Mankato, MN 56001

**Early Childhood Family Education –Blue Earth. .... (507) 526-5552**  
315 E Sixth Street  
Blue Earth, MN 56013

**Early Childhood Family Education –Fairmont..... (507) 235-6205**  
1200 N. Park Street  
Fairmont, MN 56031

**Episcopal Community Services ..... (507) 235-9320**  
102 N. Park Street  
Fairmont, MN 56031

**Family Services Collaborative of Faribault & Martin  
Counties ..... (507) 238-4757**  
115 W. 1<sup>st</sup> Street  
Fairmont, MN 56031

**Planned Parenthood-Fairmont Clinic.....(507) 235-6116**  
717 S. State St., Suite 900  
Fairmont, MN 56031

**Counseling - Suicide Prevention**

**Yellow Ribbon Program -24 hour crisis line ..... 1 (800) 865-0606**



## **Counseling - Support Groups (continued)**

**Grief Support Group.....(507) 238-8600**  
**Fairmont Medical Center –Mayo Health Systems**  
**800 Medical Center Drive**  
**Fairmont, MN 56031**

## **EDUCATION**

Education is the best investment of time and money that you can make. It is important that you get as much education as you can when you are young. In high school there are tutoring systems to ensure that you get as much from that experience as possible.

When choosing a post-secondary school, do a comparison. If you are looking at a specific field, talk to someone in that career and ask for advice. If you are looking at a type of school, public vs. private, two year or four year college, compare advantages, prices & course offerings. Talk to school counselors. Websites like ISEEK ([www.iseek.org](http://www.iseek.org)) may be helpful.

Most financial aid comes through the school's financial aid office; follow their advice on obtaining aid. There may also be help paying for school through a job or one of the armed forces.

**For more information on Education contact:**

### **Secondary Schools**

**Blue Earth Area High School..... (507) 526-3201**  
**Fairmont High School ..... (507) 238-4411**  
**Granada Huntley-East Chain .....(507) 447-2211**  
**Martin County West High School .....(507) 764-4661**

### **Secondary Schools (continued)**

Martin Luther High School.....	(507) 436-5249
Truman High School.....	(507) 776-2111
Southern Plains ALC –Fairmont.....	(507) 235-6151
United South Central .....	(507) 553-5819

### **Post-Secondary Schools**

Bethany Lutheran College.....	(507) 344-7000
Gustavus Adolphus College.....	(507) 933-8000
Iowa Lakes Community College.....	1 (800) 242-5106
Martin Luther College.....	(507) 354-8221
Minnesota State University, Mankato .....	1 (800) 722-0544
MN West Technical College, Jackson.....	1 (800) 658 2522
Presentation College, Fairmont .....	(507) 235-4658
Rasmussen College .....	1 (800) 657-6767
Riverland Community College .....	1 (800) 247-5039
South Central College-Mankato .....	(507) 389-7200
- Faribault.....	(507) 332-5800

### **Community Education**

Adult Basic Education/GED –Blue Earth.....	(507) 526-3172
Fairmont Community Education .....	(507) 235-3141
Lincoln Community Center (GED Testing).....	(507) 345-5222
Martin County West Community Education.....	(507) 728-8284
Wells Community Education .....	(507) 553-5823

### **Head Start**

MN Valley Action Council –Faribault County.....	(507) 526-5458
301 N. Main Street, Blue Earth	
MN Valley Action Council –Martin County.....	(507) 238-1663
100 N. State Street, Fairmont	

## EMPLOYMENT

If you are under age 14 and want a job, there are many things you can do to earn money or gain experience that will help you later. You can babysit, mow lawns or do odd jobs. You can volunteer at a variety of religious, school, or community programs.

Remember, plan on looking for work at least three months before you need it. For summer jobs apply as early as March, or better yet, obtain a part-time job during the school year. Then you will be the first hired full time in the summer.

Almost all jobs ask for an application or resume. Ask a parent or teacher to review your application before you turn it in. An interview is also usually required. You should come up with some sample questions and practice an interview before you go. Your local WorkForce Center can provide information on completing applications, resumes, and interviews (see [www.mnwfc.org](http://www.mnwfc.org))

### **For more information on Employment contact:**

**Fairmont WorkForce Center .....(507) 235-5518**  
**412 S. State St.**  
**Fairmont, MN 56031**

**Mankato WorkForce Center .....(507) 389-6723**  
**12 Civic Center Plaza, Suite #1600**  
**Mankato, MN 56001**

## **Employment (continued)**

**New Ulm WorkForce Center .....(507) 354-3138**  
**1618 S. Broadway, Suite #203**  
**New Ulm, MN 56073**

**MN Valley Action Council - Faribault Co. ....(507) 526-5291**  
**301 N. Main St.**  
**Blue Earth, MN 56013**

**See also Employment Contractors-Temporary Help in your local phone book.**

## **HEALTH SERVICES**

Taking care of your body is very important. If you have any health concerns or have not had a physical examination in some time see your family doctor. If you don't have a family doctor, or wish to see someone else, there are other options. You can get many health care services free or at a cost based on your income (called a sliding fee scale).

Before going to any of the places listed below, call and ask: What services are offered? Who can receive services? How are the charges handled? Do I need an appointment? Do I need my parent's permission? Also check with your school nurse.

**For more information on Health Services contact:**

### **Public Health Clinics**

Provide a variety of health services including: physicals, immunizations, nutrition for pregnant women and children (WIC), family planning, disease prevention and more.

**Faribault County Public Health ..... (507) 526-3265**  
**412 N. Nicollet**  
**Blue Earth, MN 56013**

**Martin County Public Health.....(507) 238-4757**  
**115 W. 1<sup>st</sup> Street**  
**Fairmont, MN 56031**

### **Medical Clinics/Hospitals**

**Blue Earth Family Practice –Mankato Clinic.....(507) 526-7371**  
**520 S. Galbraith**  
**Blue Earth, MN 56013**

**Braaten Medical Clinic – Fairmont.....(507) 238-9533**  
**1125 Spruce St.**  
**Fairmont, MN 56031**

**Center for Specialty Care – Blue Earth.....(507) 526-5191**  
**435 S. Grove St. #3**  
**Blue Earth, MN 56098**

**Center for Specialty Care – Fairmont.....(507) 238-4949**  
**717 S. State St. Suite 900**  
**Fairmont, MN 56031**

**Medical Clinics/Hospitals (continued)**

- Fairmont Medical Center.....(507) 238-8555**  
**Mayo Health System**  
**800 Medical Center Drive**  
**Fairmont, MN 56031**
- Immanuel St. Joseph's – Mayo Health System....1 (800) 327-3721**  
**1025 Marsh Street (507) 625-4031**  
**Mankato, MN 56001**
- Mankato Clinic.....(507) 625-1811**  
**1230 E. Main Street**  
**Mankato, MN 56002**
- Mayo Health Systems – Kiester.....(507) 294-3693**  
**120 N. Main St.**  
**Kiester, MN 56051**
- Mayo Health Systems – Sherburn.....(507) 764-4610**  
**32 N. Main St.**  
**P.O. Box 425**  
**Sherburn, MN 56171**
- Mayo Clinic – Truman..... (507) 776-2811**  
**401 N. 4<sup>th</sup> Ave. East**  
**Truman, MN 56088**
- Mayo Clinic – Wells ..... (507) 553-6341**  
**301 S. Broadway**  
**Wells, MN 56097**

**Medical Clinics/Hospitals (continued)**

**Open Door Health Center..... (507) 388-2120**  
309 Holly Lane  
Mankato, MN 56001

**Trimont Family Practice Clinic ..... (507) 639-9301**  
11 Chestnut St. E..  
P.O. Box 256  
Trimont, MN 56176

**United Clinic of Faribault County – Blue Earth.....(507) 526-7388**  
435 S. Grove St. #1  
Blue Earth, MN 56073

**United Clinic of Faribault County – Winnebago.....(507) 893-3399**  
1 Main St. N.  
Winnebago, MN 56098

**United Hospital of Blue Earth.....(507) 526-3273**  
515 S. Moore St.  
Blue Earth, MN 56013

**HOUSING PROGRAMS**

Knowing what you want and can afford before you begin your housing search will make it more successful. When searching for appropriate housing there are a number of issues to consider including:

## **Housing (continued)**

- Maximum Rent/Mortgage Payment
- Type of Lease
- Space Needs (# of bedrooms, etc.)
- Parking (garage, covered, street)
- Is it a safe neighborhood
- Security Systems
- Cost of Utilities

The following are resources that may be helpful in finding an apartment:

- Classified Ads of your local newspaper
- “Apartments” in the yellow page section of your local phone directory
- Bulletin Boards at local post-secondary schools

**For more information on local Housing Programs contact:**

**Minnesota Valley Action Council –Faribault Co.....(507) 526-5291  
301 N. Main Street  
Blue Earth, MN 56013  
(must be income eligible)**

**Minnesota Valley Action Council –Martin Co.....(507) 238-1663  
100 N. State Street  
Fairmont, MN 56031  
(must be income eligible)**

## **Housing (continued)**

**Partners for Affordable Housing..... (507) 387-2115**  
512 E. Mulberry Street  
Mankato, MN 56001  
(transitional housing)

**Salvation Army.....(507) 345-7840**  
700 S. Riverfront Drive  
Mankato, MN 56001  
(shelter)

**Section 8 Rental Assistance .....1 (800) 767-7139**  
**Minnesota Valley Action Council**  
464 Raintree Road  
Mankato, MN 56001

**South Central MN Multi-County HRA.....1 (800) 733-9564**  
410 E. Jackson Street or (507) 345-1977  
Mankato, MN 56001

**Theresa House..... (507) 388-1664**  
512 E Mulberry Street  
Mankato, MN 56001  
(homeless shelter)

## **LIBRARIES**

Libraries are an important resource. Libraries can provide resources that will help you with your homework or provide reading materials for your fun and leisure. Libraries also provide access to computers and the Internet.

**Libraries (continued)**

For more information on Libraries contact:

Blue Earth Community Library..... (507) 526-5012  
124 W. 7<sup>th</sup> Street  
Blue Earth, MN 56013

Ceylon Library ..... (507) 632-4496  
108 Main Street  
Ceylon, MN 56121

Dunnell Public Library.....(507) 695-2152  
145 W. Wenberg Street  
Dunnell, MN 56127

Elmore Public Library.....(507) 943-3150  
302 E. Willis St.  
Elmore, MN 56027

Fairmont/Martin County Library.....(507) 238-4207  
110 N. Park Street  
Fairmont, MN 56031

Sherburn Public Library.....(507) 764-7611  
27 N. Main Street  
Sherburn, MN 56171

Trimont Public Library.....(507) 639-2571  
190 Main Street W.  
Trimont, MN 56176

### **Libraries (continued)**

**Truman Public Library.....(507) 776-2717**  
101 E. Ciro Street  
Truman, MN 56088

**Welcome Public Library.....(507) 728-8376**  
304 1<sup>st</sup> Street  
Welcome, MN 56181

**Wells Public Library ..... (507) 553-3702**  
54 1<sup>st</sup> Street SW  
Wells, MN 56097

**Winnebago Library ..... (507) 893-3196**  
36 N. Main Street  
Winnebago, MN 56098

### **Library Systems**

**SMILE Library System..... (507) 625-7555**  
**Traverse Des Sioux Library System ..... (507) 625-6169**

## **RECREATION AND LEISURE**

Having fun is an important part of your quality of life. Although meeting new people and trying new things can be scary, getting involved in leisure activities has a positive impact on your general well-being.

In addition to community education and park & recreation activities, you may want to explore local church youth groups and/or local cultural activities such as dance, music or theatre groups.

## **Recreation and Leisure (continued)**

For more information on Recreation and Leisure contact:

Blue Earth Community Education.....(507) 526-3172

315 E 6<sup>th</sup> St.

Blue Earth, MN 56013

Blue Earth Gymnastics Center Inc.....(507) 526-3668

515 W. 1<sup>st</sup> St.

Blue Earth, MN 56013

Blue Earth Pool.....(507) 526-2715

111 W. 14<sup>th</sup> St.

Blue Earth, MN 56013

Bowlmor Lanes.....(507) 235-5719

617 S. State Street

Fairmont, MN 56031

Faribault Co. Fairgrounds.....(507) 526-5802

Faribault Co. Fitness Center.....(507) 526-3376

320 Oak Road

Blue Earth, MN 56013

Fairmont Aquatic Park.....(507) 238-9292

1400 S. Prairie Avenue

Fairmont, MN 56031

**Recreation and Leisure (continued)**

- Fairmont Children's Theater..... (507) 238-4900**  
45 Downtown Plaza  
Fairmont, MN 56031
- Fairmont Community Education ..... (507) 235-3141**  
714 Victoria Street  
Fairmont, MN 56031
- Fair Lakes Cinema 5..... (507) 235-5336**  
1201 N. State St.  
Fairmont, MN 56031
- Flame Theatre ..... (507) 553-5713**  
125 S. Broadway  
Wells, MN 56097
- 190 Moto Cross Course ..... (507) 639-3841**
- Lucky Lanes..... (507) 893-4311**  
37 First Avenue SE  
Winnebago, MN 56098
- Martin County Ice Arena ..... (507) 238-1995**  
Martin County Fairgrounds  
Fairmont, MN 56031
- Martin County Fitness Center ..... (507) 238-2966**  
1130 Spruce Street  
Fairmont, MN 56031

## **Recreation and Leisure (continued)**

**Martin County West Pool.....(507) 764-3651**  
105 E. 5<sup>th</sup> St.  
Sherburn, MN 56171

**Martin County Youth for Christ.....(507) 235-6016**  
213 Downtown Plaza  
Fairmont, MN 56031

**Sherburn Theater..... (507) 764-5121**  
116 N. Main  
Sherburn, MN 56171

**Truman Pool..... (507) 776-8561**  
302 N. 2<sup>nd</sup> Ave. E  
Truman, MN 56088

**Wells Community Education ..... (507) 553-5823**

Additional information can also be found on school district websites and chamber of commerce websites.

## **TRANSPORTATION**

A key issue for youth in a rural area is transportation. Below is a list of area resources that may be beneficial in meeting your transportation needs.

**For more information on Transportation contact:**

## **Drivers' License Road & Knowledge Test Sites**

Department of Public Safety.....(507) 526-5012  
124 W. 7<sup>th</sup> St.  
Blue Earth, MN 56013

Department of Public Safety.....(507) 238-3222  
282 S. State Street Bay 160  
Fairmont, MN 56031

## **Transportation Services**

AmeriCare Mobility Van.....(507) 625-6741  
703 S. 2<sup>nd</sup> Street  
Mankato, MN 56001  
(for individuals with disabilities)

Espeland Van Service, Inc.....1 (800) 448-7433  
44 Sixth Avenue SE  
Winnebago, MN 56098  
(Non-emergency medical, and non-medical)

Faribault County Prairie Express.....(507) 526-7433  
415 N. Main St.  
Blue Earth, MN 56013

Gold Cross Ambulance.....(507) 238-2123  
216 E. 4<sup>th</sup> Street  
Fairmont, MN 56031  
(Non-Emergency Medical Transportation)

## **Transportation Services (continued)**

**Martin County Express ..... (507) 235-5558**  
227 S. State Street, Suite 3  
Fairmont, MN 56031

**National Runaway Switchboard..... 1 (800) 621-4000**  
3080 N. Lincoln  
Chicago, IL 60657  
(free Greyhound bus ticket home for runaway youth)

## **YOUTH ORGANIZATIONS**

Being involved in youth organizations is a great way to meet new friends and learn team-building and leadership skills. In addition to the organizations listed below most local places of worship have youth groups also.

**For more information on Youth Organizations contact:**

**4-H Faribault County Extension ..... (507) 526-6240**  
Faribault County Office Bldg.  
412 N. Nicollet  
Blue Earth, MN 56013-0130

**4-H Martin County Extension.....(507) 235-3341**  
104 Courthouse  
201 Lake Avenue  
Fairmont, MN 56031-1845

## **Youth Organizations (continued)**

**Boy Scouts – Twin Valley Council .....(507) 387-3123**  
810 Madison Avenue  
Mankato, MN 56001

**Girl Scouts – Peacepipe Council .....(507) 625-7474**  
410 Jackson Street –Suite 370  
Mankato, MN 56001

## **YOUTH SERVICES**

There are many services and resources offered by a variety of agencies in South Central Minnesota that help youth. In addition to the agencies listed below, you may also want to check: [www.211unitedway.org](http://www.211unitedway.org) (or call 1-800-543-7709) for information on services that will meet your specific need.

**For more information on Youth Services contact:**

**Faribault County Human Services.....(507) 526-3265**  
412 N. Nicollet  
Blue Earth, MN 56013

**Life Work Planning Center.....1 (800) 369-5166**  
201 N. Broad Street  
Mankato, MN 56001 (507) 345-1577

**Youth Services (continued)**

- LaMano.....(507) 344-8361**  
310 Belle Avenue  
Mankato, MN 56001
- Lutheran Social Service.....1 (888) 577-2227**  
710 S. 2<sup>nd</sup> Street (507) 625-7660  
Mankato, MN 56001
- Madelia Area Integration Collaborative .....(507) 642-3232**  
320 Buck Avenue SE x204  
Madelia, MN 56052  
(Includes LCWM, Madelia, Maple River, Truman)
- Martin County Human Services .....(507) 238-4757**  
115 W. 1<sup>st</sup> Street  
Fairmont, MN 56031
- MN Valley Action Council.....(507) 526-5291**  
301 N. Main 1 (800) 767-7139  
Blue Earth, MN 56013  
(must be income eligible)
- MN Valley Action Council.....(507) 235-5518**  
412 S. State St.  
Fairmont, MN 56031  
(must be income eligible)
- Rehabilitation Services.....(507) 235-5518**  
412 S. State St.  
Fairmont, MN 56031

## NOTES

## NOTES

**The funding to print the youth directory was made available by the South Central WorkForce Council.**



**This Directory  
will help you find  
information about:**

Child Care	Libraries
Counseling	Recreation
Education	Transportation
Employment	Youth Organizations
Health Services	Youth Services
Housing Programs	

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